



WHAT FRUITS CAN BEARDED DRAGONS EAT

INFOGRAPHIC

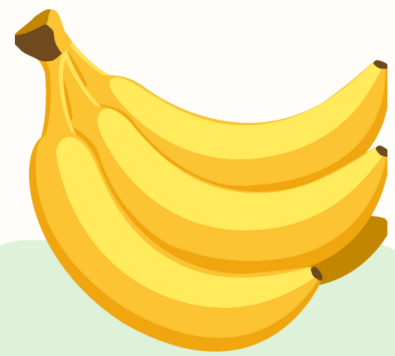
SAFE FRUITS

A part of balanced diet



Apples

Apples provide fiber and vitamin C, which promote digestive health in bearded dragons.



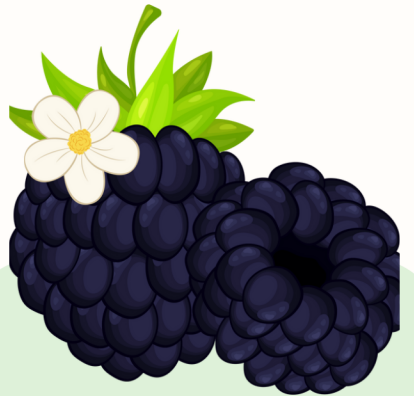
Bananas

Bananas provide potassium and vitamin B6, support healthy muscles and bearded dragons' nerve function.



Blueberries

Blueberries are antioxidant-rich fruits, great source of vitamins C and K and manganese.



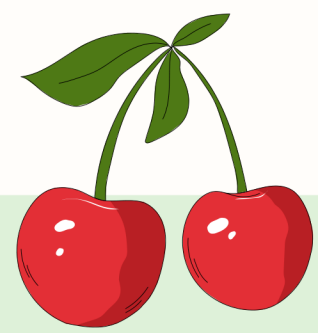
Blackberries

Blackberries are high in vitamin C, vitamin K, and manganese.



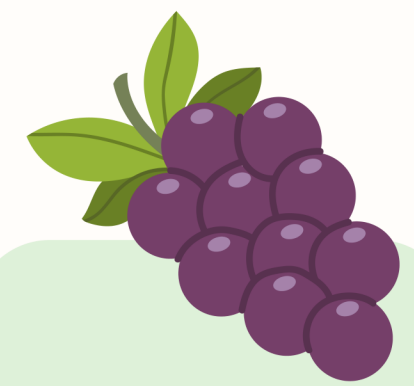
Cantaloupe

Hydrating melon is an excellent source of vitamins A and C, as well as antioxidants.



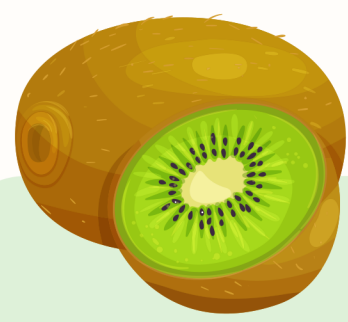
Cherries

Cherries are a tasty treat that offers vitamins A and C and antioxidants.



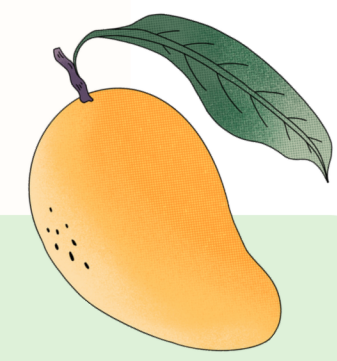
Grapes

Grapes provide essential hydration and are a good source of vitamins C and K.



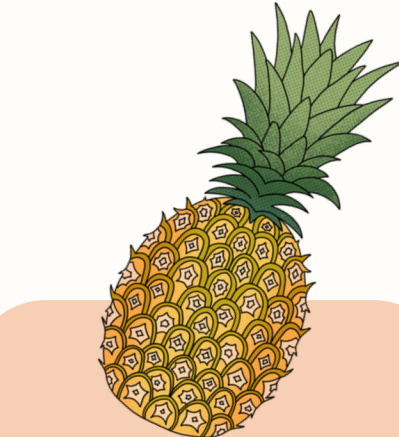
Kiwi

Kiwi fruit is rich in vitamin C and can serve as an occasional treat for your bearded dragon.



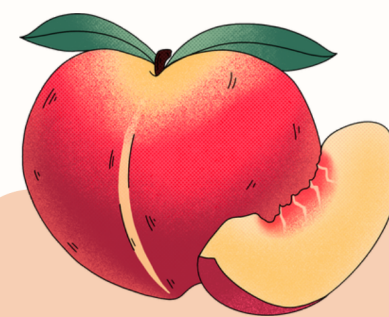
Mango

Mango is packed with vitamins A and C, as well as potassium, making it a delicious and nutritious addition to diet.



Pineapple

Although pineapple is rich in vitamin C, it has high acidity levels, which can cause digestive issues when fed too often.



Peaches

Peaches are a good source of vitamins A and C but have a high sugar content.



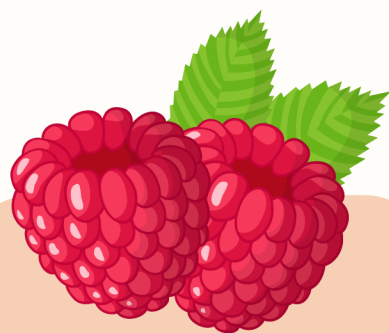
Pears

Pears provide essential nutrients such as vitamins A and C but should be fed in moderation due to their high sugar content.



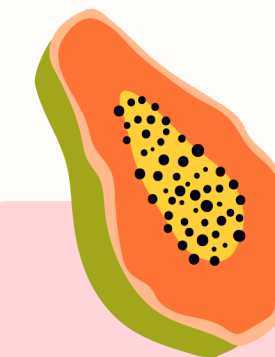
Plums

Plums are a source of vitamins and antioxidants, they should be given in moderation due to their sugar and acidity levels.



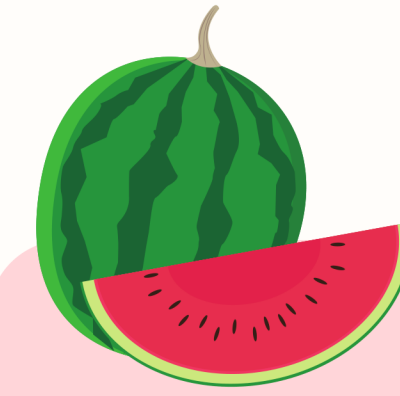
Raspberries

Raspberries are high in antioxidants and vitamins but should be offered in moderation due to their sugar content.



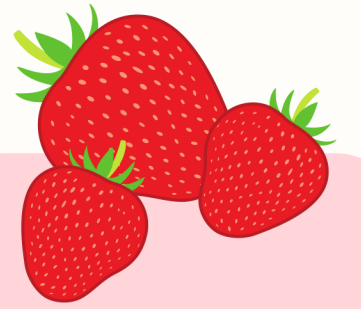
Papaya

Papaya contains high levels of oxalates, which can lead to the formation of kidney stones.



Watermelon

Watermelon is high in water content, which can lead to diarrhea in bearded dragons if fed in large amounts.



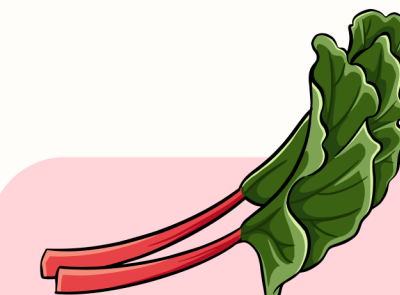
Strawberries

Strawberries are high in oxalates, posing a risk for kidney stones.



Avocado

Avocado contains persin, a toxin that can be harmful to bearded dragons.



Rhubarb

Rhubarb contains oxalic acid, which is toxic to bearded dragons.



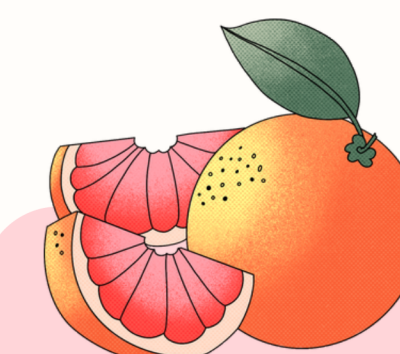
Oranges

Oranges are high in acidity, which can lead to digestive issues if fed regularly.



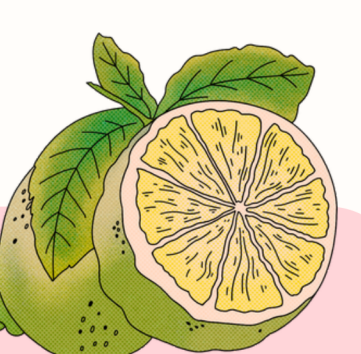
Tangerines

Tangerines are high in acidity, which can lead to digestive issues if fed regularly.



Grapefruit

Grapefruit, has high acidity levels that can lead to digestive problems



Lime

Lime is another citrus fruit that should be avoided due to its high acidity

FEED IN MODERATION

Occasionally, not a staple part of the diet

AVOID

Never feed any of the following

